



TRANSFORMATION: Changing Beliefs, Healing Bodies

THURSDAY

PRECONFERENCE

10:30 a.m. - 5:30 p.m.

Getting to the Heart Of Healing
Christine PAGE

*Five-Element Consciousness:
Beyond the World of Opposites*
Nan LU

**One-Hour
Lunch Break**

1:30 - 5:30 p.m.

Ethics and Liability in AOM
Michael TAROMINA, Esq.

5:00 - 7:00 p.m.
Registration Opens

PRECONFERENCE

8:00 - 9:00 p.m.

Embracing the Journey
Opening Meditation
Nan LU

FRIDAY

7:15 - 8:15 a.m.

Taoist Stretching
Josie ZHUO

*LifeForce: Tao of Medical Qigong:
Levels 1 and 2;*
Private Session

8:00 a.m.
Breakfast in Exhibit Hall

8:45 a.m.
WELCOME

9:00 - 10:30 a.m.
KEYNOTE: *Embracing the
Language of Empowerment.
Self-Care and Prevention*
Robert M. DUGGAN and
Guest Panel

10:30 - 11:00 a.m. - Break

11:00 a.m. - 12:30 p.m.
WORKSHOPS

1. *Illness and Beliefs: Case Studies*
Bob DUGGAN (facilitator),
Stephen COWAN,
Christine PAGE, Nan LU

2. *Part I: Type 2 Diabetes:
Another Great American Disease*
Thea ELIJAH

12:30 - 2:30 p.m.
Lunch on Your Own

2:00 - 2:30 Meditation
Br. Bernard SEIF

2:30 - 5:00 p.m.
WORKSHOPS
1. *Part II: Type 2 Diabetes:
Another Great American Disease*
Thea ELIJAH

2. *Historical and Clinical Uses
of Sexuality: A Chinese Medicine
Perspective*
Felice DUNAS

3. *Changing Posture, Breath and
Intention for Optimum Health*
Br. Bernard SEIF

5:00 - 7:30 p.m.
Dinner on your own

7:45 - 9:00 p.m.
*The Magic of Movement;
The Power of Group Practice*
Christine PAGE, Nan LU

SATURDAY

7:15 - 8:15 a.m.

Taoist Stretching
Josie ZHUO

*LifeForce: Tao of Medical Qigong:
Levels 1 and 2;*
Private Session

8:00 a.m.
Breakfast in Exhibit Hall

9:00 a.m. - 12:30 p.m.
KEYNOTE PANEL
*The Energetic Dynamics of Sexual
and Emotional Intimacy According
to Chinese Medicine*
Felice DUNAS, Thea ELIJAH,
Nan LU

10:30 - 11:00 a.m. - Break

11:00 a.m. - 12:30 p.m.
Morning Panel Continues

12:30 - 2:30
Lunch on Your Own

2:00 - 2:30 p.m.
*Introduction to The Dragon's Way®
Stress and Weight Management
System and Instructor Training*
TCM World Fdn Staff

2:00 - 2:30 p.m. Meditation
Br. Bernard SEIF

2:30 - 5:00 p.m.
WORKSHOPS
1. *Changing Beliefs, Aging and the
Emergence of Wisdom*
Felice DUNAS

2. *The Art of Recovery: the Healing
Power of Symbols*
Stephen COWAN

3. *Oh, My Aching Back
(Neck Shoulders and Legs)!*
Qigong for Flexibility
Josie ZHUO

5:00 - 7:30 p.m.
Dinner on your own

7:45 - 9:00 p.m.
Planetary Birth Signs and Destiny
Christine PAGE, Nan LU

9:00 - 10:00 p.m.
Qidancing

SUNDAY

7:15 - 8:15 a.m.

Qigong
Br. Bernard SEIF

*LifeForce: Tao of Medical Qigong:
Levels 1 and 2;*
Private Session

8:00 - 9:00 a.m.
Coffee in Exhibit Hall

9:00 - 11:00 a.m.
WORKSHOPS

1. *The Story Behind the Story
of Illness*
Bob DUGGAN

2. *The Stomach and the Earth
Element: Transformation from
Neediness to Generosity*
Thea ELIJAH

3. *2012 and the Return of
the Great Mother*
Christine PAGE

11:30 - 1:00 p.m.
Brunch
*Bridges of Integration Awards
and Closing Meditation*

POSTCONFERENCE

1:00 - 5:30 p.m.
*Wu Ming Qigong for Breast Health
- Practitioner Training
Certificate Course*
Nan LU

Your beliefs create your reality!